

Physical Education vocabulary progression- 2022- 23

The vocabulary below are key components towards learning the overall aspect of PE and we will also use some sport specific vocabulary within each game when learning the rules which are placed on knowledge organisers



Dance Vocabulary	
EYFS	Travel, direction, space, body parts, levels, speech, repeat, do si do, promenade, beat, control, rhythm, timing
Year1	Travel, direction, space, body parts, levels, speech, repeat, do si do, promenade, beat, control, rhythm, timing, sequence, expression, emotion, unison
Year 2	Travel, direction, space, body parts, levels, speed, repeat, do si, do, promenade, unison, flow, timing
Year 3	Space, repetition, action and reaction, pattern, direction of pattern
Year 4	Space, repetition, action and reaction, pattern, direction of pattern
Year 5	Dance style, technique, pattern, rhythm, variation, unison, canon, action, reaction
Year 6	Dance style, technique, pattern, rhythm, variation, unison, canon, action, reaction

Gymnastics vocabulary	
EYFS	Forwards, backwards, sideways, roll, slow, body parts, shape, jump, travel, stretch, wide, narrow, high, low, over, upper, apparatus, transition
Year 1	Wide, narrow, curled, transition, interesting, linking
Year 2	Linking, flow, transition, jump, roll, sequence, curved
Year 3	Stretch, push, pull, step, spring, crawl, still, slowly, tall, long, forwards, high, low, roll, copy, jump, balance, linking, flow, interesting, extension, extension, symmetrical, Asymmetrical
Year 4	Extension, control, interesting, bridge, levels,
Year 5	Flow, levels, counter balance, unison, canon, symmetrical, asymmetrical, muscle, joints
Year 6	Flow, levels, counter balance, unison, canon, symmetrical, asymmetrical, muscle, joints, mirror and matching

Games Vocabulary	
EYFS	Attacker, defender, space, control, dribbling, passing, opponent, tackling, bouncing, rolling, pushing, aiming, distance, throwing, catching, stopping, speed, direction
Year 1	Attacker, Defender, Space, Control, Dribbling, Passing, Opponent, Tackling, Bouncing, Rolling, Pushing, Accuracy, Power, Batter, Fielder, Throwing Catching, Rolling, Shooting, Scoring
Year 2	Attacker, Defender, Space, Control, Dribbling, Passing, Opponent, Tackling, Bouncing, Rolling, Pushing, Accuracy, Power, Chest Pass, Batting, Fielding, Space, Tactics, Team, Shooting, Scoring
Year 3	Attacker, Defender, Dribbling, Possession, Chest Pass, Send, Receive, Travelling, Rules, Throwing, Catching, Strike,
Year 4	Batting, Fielding, Out, Free Kick, Penalty
Year 5	Possession, Marking, Space, Bounce Pass, Pivot, Travelling, Rules, Tactics, Retrieving, Bowling, Strike, Batting, Fielding, The Long Barrier, Turning, Transition, Goal Keeper, Intercepting, Shooting

Year 6	Tactics, Transition, Marking, Rebound, Travelling, Double Dribble, Bowling, Run Out, Wicket Keeper, No ball, Wide, Bye,
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Athletics Vocabulary	
EYFS	Throwing, Rolling, Speed, Direction, Jumping
Year 1	Throwing, Rolling, Speed, Direction, Jumping, Power
Year 2	Throwing, Rolling, Speed, Direction, Jumping, Power, Accuracy
Year 3	Relay, Change Over, Accuracy, Distance, Acceleration, Speed, Tactics
Year 4	Tactics, Speed, Distance, Pace, Power, Stride
Year 5	Tactics, Speed, Distance, Evaluation, Change Over, Personal Best, Laps
Year 6	Tactics, Teamwork, Speed, Distance, Evaluation, False Starts, Events

Net Games Vocabulary	
EYFS	Control, Racket, Space
Year 1	Accuracy, Power, Striking
Year 2	Accuracy, Power, Striking, Return
Year 3	Space, Return, Cover, Baseline, Forehand, Rally, Out
Year 4	Space, Accuracy, Power, Baseline, Forehand, Backhand, Rally, Out
Year 5	Tactics, Space, Accuracy, Forehand, Backhand, Volley, Serve
Year 6	Tactics, Space, Forehand, Backhand, Volley, Serve, Doubles.