



Ladywood Primary School Sun Protection Policy

At Ladywood Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

EDUCATION

- All pupils will have at least one lesson per year focussed on being 'sun smart' (during Health & Fitness week).
- We will talk about how to be 'sun smart' in assemblies at the start of the summer term and before summer break.
- Parents will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term each year.
- All teachers and support staff will have access to resources and information on sun safety. Any training needs identified will be addressed appropriately.

PROTECTION

Shade:

- When the sun is strong we will encourage pupils to sit/play in the shaded areas available.
- Any future outdoor developments/improvements planned will take into consideration any impact on the availability of shaded areas.

Timetabling:

- In the summer months we will aim to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

Clothing:

- When outside in sunny weather, children are required to wear hats. Parents will be encouraged to provide hats that cover the ears, face and neck (legionnaire style).
- PE uniform requirements specify t-shirts rather than any other style of tops e.g. vests to provide shoulder protection.
- All teachers and support staff are also encouraged to follow the recommendations of this policy to reinforce role modelling.

Sunscreen:

- Sunscreen (minimum SPF 15) use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips. Parents will be asked to ensure sunscreen is applied before school.
- Where parents feel it necessary for sunscreen to be reapplied during the day, written permission must be obtained. With the exception of EYFS, pupils will be supervised only, staff may support EYFS children to apply cream to their face, neck, arms, hands and lower legs.
- Parents will be asked to provide sunscreen for their child, bottles will be labelled and kept in class until the end of the summer term when they will be returned to parents.

Dear Parent/Carer,

Sun Safety

Now the weather is getting warmer, I wanted to write and remind you about our **Sun Protection Policy**. We have developed this with the help of staff, pupils and guidance from a number of organisations such as Cancer Research UK to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but it can lead to **skin cancer** in later life. At Ladywood Primary School we believe that by encouraging sun safe behaviour and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

We would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- **seeking the shade, particularly during the middle of the day**
- **wearing suitable hats**
- **wearing clothing that protects the skin, particularly for outdoor activities and school visits**
- **using a high factor sunscreen (SPF 15+).**

Your support is very important if our policies are going to work. You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a wide-brimmed/Legionnaire style hat.

We would always encourage parents to apply sunscreen before pupils come to school. If you wish to provide sunscreen for reapplication in school please make sure that any bottles of cream supplied are clearly labelled with your child's full name.

Together I hope we can have a very happy and safe summer!

Yours sincerely,

Miss CL Grainger
Headteacher

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